



# TRANS RESOURCES FOR YOUTH

## HOTLINES:

TRANS LIFELINE: (877) 565-8860

- ALL AGES
- [TRANSLIFELINE.ORG/HOTLINE/](https://www.translifeline.org/hotline/)
- [TRANSLIFELINE.ORG/RESOURCE/OTHER-HOTLINES-WARMLINES/](https://www.translifeline.org/resource/other-hotlines-warmlines/)

TREVOR PROJECT: (866) 488-7386

- AGES 25 AND UNDER
- [THETREVORPROJECT.ORG/GET-HELP/](https://www.thetrevorproject.org/get-help/)

LGBT NATIONAL HOTLINE: (888) 843-4564

- ALL AGES

LGBT YOUTH TALKLINE: (800) 246-7743

- TEENS AND YOUNG ADULTS UP TO AGE 25
- [GLBTHOTLINE.ORG/YOUTH-TALKLINE.HTML](https://www.glbthotline.org/youth-talkline.html)

THRIVE LIFELINE

TEXT "THRIVE" TO (313) 622-8209

- AGES 18+

## ORGANIZATIONS:

NATIONAL CENTER FOR TRANSGENDER EQUALITY

- [TRANSEQUALITY.ORG](https://www.transequality.org)

GENDER SPECTRUM:FAMILIES AND TRANS YOUTH

- [GENDERSPECTRUM.ORG](https://www.genderspectrum.org)

TRANS YOUTH EQUALITY FEDERATION -  
FAMILIES AND TRANS YOUTH

- [TRANSYOUTHEQUALITY.ORG](https://www.transyouthequality.org)

TRANS PEOPLE OF COLOR COALITION

- [TRANSPOCC.ORG](https://www.transpocc.org)

GLSEN

- [GLSEN.ORG](https://www.glsen.org)



# TRANS RESOURCES FOR YOUTH (CONT.)

## ONLINE SUPPORT GROUPS:

### TREVOR SPACE

- ONLINE COMMUNITY
- AGES 13-24
- [TREVORSPACE.ORG](http://TREVORSPACE.ORG)

### Q CHAT SPACE

- ONLINE DISCUSSION GROUPS FOR LGBTQ+ TEENS
- AGES 13-19
- [QCHATSPACE.ORG](http://QCHATSPACE.ORG)

### GENDER SPECTRUM GROUPS

- ONLINE GROUPS FOR YOUTH AND FAMILIES
- ALL AGES
- [GENDERSPECTRUM.ORG/ARTICLES/GENDER-SPECTRUM-GROUPS](http://GENDERSPECTRUM.ORG/ARTICLES/GENDER-SPECTRUM-GROUPS)

## ONLINE RESOURCES:

### LGBT NEAR ME

- LGBTQ+ PROVIDERS
- [GLBTNEARME.ORG](http://GLBTNEARME.ORG)

### GLAAD

- TRANSGENDER RESOURCES
- [GLAAD.ORG/TRANGENDER/RESOURCES](http://GLAAD.ORG/TRANGENDER/RESOURCES)

### TRANS YOUTH EQUALITY FOUNDATION

- TRANSGENDER RESOURCES FOR YOUTH, FAMILIES, EDUCATORS, AND PROVIDERS
- [TRANSYOUTHEQUALITY.ORG/FOR-YOUTH](http://TRANSYOUTHEQUALITY.ORG/FOR-YOUTH)

### TRANS ATHLETE

- RESOURCES FOR TRANSGENDER ATHLETES
- [TRANSATHLETE.COM](http://TRANSATHLETE.COM)

FOR ADDITIONAL RESOURCES OR  
QUESTIONS, REACH OUT TO THE  
QUEER SOCIAL WORK LAB AT  
[INFO@QUEERSOCIALWORKLAB.ORG](mailto:INFO@QUEERSOCIALWORKLAB.ORG)